Escape Medical PC Addresses Post-Weight-Loss Volume Loss With BBL

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ROME, NY - September 14, 2026 -
Escape Medical PC, a Rome, NY surgical and medical spa practice, is addressing a specific patient scenario with its Brazilian Butt Lift procedure: significant post-weight-loss volume loss in the buttocks and hips that diet and exercise alone do not restore. The practice says the scenario recurs regularly among surgical consultation candidates.

Escape Medical PC provides Brazilian Butt Lift (BBL) procedures in Rome, NY, using fat transfer, or fat grafting, to relocate fat harvested through liposuction into the buttocks. The approach is performed within the practice's on-site, accredited surgical facility under board-certified plastic surgeon Dr. Keneth Hall, serving patients from Rome and the surrounding Mohawk Valley region, including Utica and New Hartford.

According to the practice, a recurring group of BBL candidates includes patients who have lost a significant amount of weight, through diet, exercise, or prior bariatric procedures, and are left with reduced volume in the buttocks and hips despite reaching a stable weight. Because the change involves lost fat volume rather than

excess skin alone, the practice says these patients are not always well served by non-surgical alternatives, which cannot add volume the way fat transfer can.

The BBL procedure begins with liposuction to harvest fat from donor areas such as the abdomen, flanks, or thighs, followed by a fat purification process before the harvested fat is injected into the buttocks. Escape Medical PC says candidacy depends on having sufficient donor fat available, which is one reason the practice evaluates each patient's overall body composition during consultation rather than treating every request for a BBL the same way.

Because the procedure involves anesthesia and a recovery period that includes specific sitting restrictions to protect the transferred fat, the practice's surgical team, including an anesthesiologist and registered nursing staff, supports patients through both the surgical day and the following recovery weeks. Escape Medical PC's surgical suite operates under AAAASF (Quad A) Standards for procedures performed outside a hospital.

Escape Medical PC evaluates BBL candidates using the same accredited surgical process applied to its other body-contouring procedures, including pre-operative medical clearance and an individual assessment of donor-area fat availability before a surgical plan is confirmed. The practice says this consultation step is treated as consistently required for every BBL candidate, regardless of how much weight a patient has lost or how long ago that weight loss occurred.

The practice's surgical service area for BBL extends beyond Rome into the wider Mohawk Valley region, and Escape Medical PC says post-weight-loss patients traveling from Utica, New Hartford, and surrounding communities make up a meaningful share of BBL consultations. The practice attributes this partly to the regional concentration of bariatric and significant-weight-loss patients who later seek body-contouring consultations once their weight has stabilized.

Escape Medical PC says highlighting this specific scenario, rather than describing the BBL procedure in general terms, reflects how the practice approaches consultations. The evaluation focuses on identifying what has actually changed in a patient's body and matching a surgical plan to that change, rather than presenting the procedure as a standard option for anyone interested in body contouring regardless of their history.

Many of the patients we see for this are usually people who did the hard part already, they lost the weight, and now there's a volume issue that diet and exercise just can't fix," said Dr. Keneth Hall, Founder and Owner of Escape Medical PC. "A fat transfer approach makes sense for that specific situation, which is different from why someone might consider liposuction or a tummy tuck.

Escape Medical PC continues to offer the Brazilian Butt Lift alongside its broader range of surgical and non-surgical services at its Rome, NY location. Additional information about the practice's surgical offerings is available through its website and Facebook page.

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Escape Medical PC

Escape Medical PC is a Rome, NY medical spa offering cosmetic surgery and medical aesthetics services, including liposuction, tummy tuck, Brazilian Butt Lift, RF microneedling, and mommy makeover treatments, serving nearby areas.

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