Private Dentist Croydon Announces New Consultation Slots From September 2026 at Smile 4 U Croydon

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Smile 4 U - Croydon has announced new consultation slots opening from September 2026 for patients in Croydon and the surrounding area seeking private dental care. The expanded availability opens access to a range of general dental treatments for new and existing patients. For those who have been putting off dental care, the additional slots provide a more accessible entry point into regular private dental attendance.

Dr Mori Shahid, Principal Dentist at Smile 4 U - Croydon, said the expansion reflects the practice's commitment to making private dental care more accessible locally. "Regular dental attendance makes a genuine difference to long-term oral health," he noted. "These additional slots mean more people in Croydon can get seen without unnecessary delay."

Private dental consultations at Smile 4 U - Croydon begin with a thorough examination of the teeth, gums, and surrounding oral structures. The dentist reviews the patient's dental history, discusses any concerns, and outlines the most appropriate treatment pathway before any work begins. X-rays may be taken where

clinically indicated, providing a more detailed picture of the teeth and underlying bone structure that a visual examination alone cannot reveal. Patients are encouraged to raise questions and take time to understand their options before committing to any treatment.

Dental anxiety is a recognised barrier to seeking care. The team at Smile 4 U - Croydon adapts the pace of appointments accordingly, giving anxious patients more time and space to feel at ease. Appointments are structured to allow patients to ask questions and understand their options before any treatment begins, with the emphasis throughout on clear communication rather than rushing through procedures.

Insights regarding how to choose the right dental practice are available at: https://smile4u.co.uk/dentist-croydon/best-private-dentist-qualities/.

Smile 4 U - Croydon is a private dental practice serving patients across Croydon and the surrounding areas of South London. The practice team works across general and cosmetic dental care, with patients attending for routine check-ups, fillings, extractions, hygiene appointments, and restorative treatments depending on their clinical needs. The practice provides longer appointment times as part of its private care model, allowing for more detailed examinations and extended treatment discussions where the clinical situation requires it. Patients are seen on an individual basis, with treatment pathways determined by clinical assessment rather than a fixed protocol.

The practice places emphasis on clear communication at every stage of treatment. Patients leave each appointment with a clear understanding of their current oral health, what treatment has been carried out, and what follow-up may be required. This approach suits patients who want to stay informed and involved in decisions about their dental care.

Practice information, including the dental team details about Smile 4 U - Croydon, is available at: https://smile4u.co.uk/dentist-croydon/.

General dentistry at Smile 4 U - Croydon covers the full range of treatments that address everyday oral health needs. Dental examinations assess the condition of teeth and gums, identifying issues such as decay, gum disease, and erosion before they progress to more complex presentations. Where issues are identified early, intervention may be simpler, though the clinical pathway in any individual case depends on the specific presentation and the patient's overall oral health at the time of examination.

A study published in the Journal of Public Health Dentistry, titled "Evidence of Effectiveness of Preventive Dental Care in Reducing Dental Treatment Use and Related Expenditures" (DOI: 10.1111/jphd.12262), by Nadereh Pourat, Moonkyung Kate Choi, and Xiao Chen, found that among Medicaid enrollees across the ten largest counties in California, regular preventive dental care was associated with lower use of restorative,

prosthodontic, and periodontal treatments. The researchers concluded that routine preventive dental visits were associated with reduced need for more costly treatments within that study population. These findings are specific to the Medicaid population studied and should not be generalised as expected outcomes for all patients or dental settings.

Fillings address cavities caused by decay, restoring tooth structure whilst preventing further deterioration. Hygiene appointments focus on the removal of plaque and tartar that brushing alone may not fully address, which in some cases may contribute to reducing the risk of gum disease, though clinical outcomes depend on individual circumstances. Extractions are carried out where a tooth cannot be saved through other means, with the dentist discussing replacement options where appropriate. Root canal treatment becomes relevant when infection reaches the inner pulp of a tooth, removing infected tissue and sealing the tooth to prevent reinfection. The procedure is carried out under local anaesthetic, with patient experience varying depending on individual clinical circumstances.

Information about general dentistry at Smile 4 U - Croydon can be found at: https://smile4u.co.uk/dentist-croydon/general-dentistry/.

Smile 4 U - Croydon can be contacted directly to arrange a consultation or to ask questions ahead of an appointment. The practice welcomes patients from Croydon and the surrounding areas of South London, including those making the transition to private dental care for the first time.

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For more information about Smile 4 U - Croydon, contact the company here:Smile 4 U - CroydonMaryam Shahid+44-20-8640-7586info@smile4u.co.ukSmile 4 U - Croydon, 357 Addiscombe Road, Croydon CR0 7LG, United Kingdom

Smile 4 U - Croydon

Smile 4 U - Croydon is a private and NHS dental practice offering personalised care in a welcoming setting. Our skilled team provides treatments such as Invisalign®, composite bonding, and dental implants, helping you achieve a healthy, confident smile.

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